

# LANGFORD & COMPANY

## **MUSKOKA & ALGONQUIN FRESH WATER ADVENTURE**

*Cruise Muskoka Lakes, canoe Algonquin Park, and raft the Ottawa River*

The freshwater lakes and rivers of Central Canada make for an ideal summer adventure vacation. It is easy to understand why the native people called this region "Ontario" which is the Ojibway word meaning scenic lake. Ontario borders four of the five Great Lakes and boasts 20 percent of the world's fresh water.

The 7 day Muskoka Algonquin fresh Air trip mixes adventure with relaxation and includes a Muskoka resort stay for two nights, a three-day guided canoe-camping expedition into Algonquin in search of moose and an exciting white-water rafting trip on the Ottawa River.

Accommodation is a mix of resort, camping and cabins.

### **DAY 1**

Optional pick up or self drive two hours and arrive mid afternoon at your Muskoka Lakeside resort. Cool off with a lake swim or grab a drink at the pool. Relax! Or if you are keen for action – there are lots of options including water skiing, wakeboarding, mountain bikes, pontoon boats night time observatory and more.

Accommodation: Luxury one bedroom suite with fireplace, kitchen and Jacuzzi bathtub.

### **DAY 2**

After a hearty breakfast, cruise Muskoka's famous lakes in your own private watercraft. Boat across scenic blue lakes and through Canada's most famous cottage country. Stop for a swim, lunch and cream at a scenic lakeside town.

Accommodation: Luxury one bedroom suite with fireplace, kitchen and Jacuzzi bathtub.

### **DAY 3**

Drive one hour north to the North West corner of Algonquin Park. After an orientation, brief lesson and lunch, canoe across the lake and into Algonquin Park. Along the way learn how to paddle portage and swim in the clean freshwater. Set up camp on a scenic point covered in Red Pine and enjoy your first meal and campfire. Lying in your tent, nod off to the sound of the west wind whistling high above.

Accommodation: Camping in Algonquin Park

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## DAY 4

after a tasty breakfast, break camp and paddle east through a series of classic Algonquin Park lakes. A floating lunch gives you the energy to paddle up a bog where you have a great opportunity to see beavers, great blue herons and moose. The final stop is at a beautiful lake where you have the afternoon to hike, swim, and fish or take a siesta! Enjoy fresh baked bannock cooked over the fire and listen to legends and myths of traveling through the Algonquin wilderness.

Accommodation: Camping in Algonquin Park

## DAY 5

The distinctive smell of fresh coffee and bacon frying gets you out of our sleeping bags and up for breakfast. After packing, head out for a hike through mixed maple forest learning about the unique mix of flora and fauna. Option to learn to solo a canoe and to navigate as you paddle back to the take out, stopping along the way for a large smorgasbord lunch. Return to the canoe outpost late afternoon and transfer to the cozy Algonquin Log Cabin for a swim, sauna and wine and cheese. BBQ dinner

Accommodation: Algonquin Log Cabin

## DAY 6

Breakfast and optional lookout hike

Drive the Trans Canada highway to the Ottawa River. Arrive at the whitewater resort in time for dinner

Accommodation: Resorr on the Ottawa River

## DAY 7

Breakfast

Raft through class 2 and 3 rapids, body surf, swim from your own floating island and feast on a great BBQ at the base of a 20' waterfall. Sport Yak on the big waves of the Ottawa River. Surf Black's hole or try cliff jumping into the whitewater. Wrap up and good byes at 4pm

## ---- 2010 Dates

June through October, 2010

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**The cost is \$1,178 per person based on a family of 4.**

**The cost includes:** six night's accommodation (two night's resort suite, two night's camping, two night's rustic lodge), meals (4 breakfast, 4 lunches, 4 dinners), motorboat rental, fully guided 3 day canoe trip, wine and cheese, guided raft trip.

**The cost does not include:** GST, personal clothing, transfers, meals not mentioned, accommodation pre and post trip

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**Available for an additional cost:**

## **TORONTO AIRPORT PICK UP, HOTEL AND CAR RENTAL**

For those international travelers coming into Ontario for this trip, this add- on includes:

- Toronto airport pick up and drop off and return transfer to downtown Toronto hotel
- Two night's accommodation (one night pre and post trip) at the Holiday on King in downtown Toronto
- Premium car rental for 7 days

The cost is \$248 plus GST per person based on a family of 4

## **OTTAWA ADD-ON**

Two nights in Canada's capitol. Visit the Museum of Civilization and Byward market restaurants. Choose from Minto Suites or Chateau Laurier.

From \$82 plus gST per person based on a family of 4

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